

## What a terminally ill person does NOT want

- ✦ Sympathy
- ✦ Exclusion from discussions
- ✦ To be over protected
- ✦ Being nagged
- ✦ Being fussed over



Appreciated are:  
“Good friends —  
someone with whom you  
dare to be yourself”

## The Gift Of Friendship

FRIENDSHIP is a PRICELESS GIFT that cannot be bought or sold, But its value is far greater than a mountain of gold.

For gold is cold and lifeless, it can neither see nor hear, And in a time of trouble it is powerless to cheer.

It has no ears to listen, no heart to understand, It cannot bring you comfort or reach out a helping hand.

So when you ask God for a Gift, be thankful if HE sends Not diamonds, pearls or riches, but the love of real true friends.

## Grief Care We Offer

- \* Presentations to nursing staff:
  - What To Say
  - Caregiver Burnout
- \* Presentation to family groups:
  - Dealing With Emotions
- \* Library of various books

For more information please look at our website

[www.SandE.com.au](http://www.SandE.com.au)

or call our

**Bereavement Care Services at  
Smithfield & Elizabeth Funeral Directors**

**8255 5607**

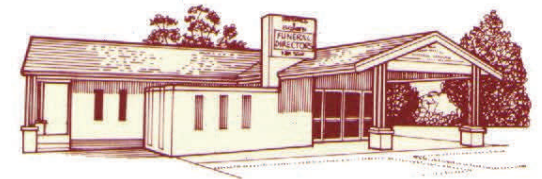
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# Palliative Care

## Patient & Family Needs

### Smithfield & Elizabeth Funeral Directors



*We Help People  
Through Difficult Times*

Cnr Main North & Womma Rds,  
Elizabeth North

**8255 5607**

[www.SandE.com.au](http://www.SandE.com.au)

## The Dying Person's Bill of Rights

I have the right to be treated as a living human being until I die.

I have the right to maintain a sense of hopefulness however changing its focus may be.

I have the right to be cared for by those who can maintain a sense of hopefulness however changing this might be.

I have the right to express my feelings and emotions about my approaching death in my own way.

I have the right to participate in decisions concerning my care.

I have the right to expect continuing medical and nursing attention even though "cure" goals must be changed to "comfort" goals.

I have the right not to die alone.

I have the right to be free from pain.

I have the right to have my questions answered honestly.

I have the right not to be deceived.

I have the right to have help from and for my family in accepting my death.

I have the right to die in peace and dignity.

I have the right to retain my individuality and not be judged for my decisions which may be contrary to beliefs of others.

I have the right to discuss and enlarge my religious and/or spiritual experience whatever these may mean to others.

I have the right to expect that the sanctity of the human body will be respected after death.

I have the right to be cared for by caring, sensitive, knowledgeable people who will attempt to understand my needs and will be able to gain some satisfaction in helping me face my death.



## People with a terminal illness were asked what they wanted.

### What We Really Need Is Someone Who Will:

#### LISTEN -

Carefully to everything  
Being unconditional and  
non-judgemental as an equal

Allowing us to talk freely  
Without too much comment  
Without giving advice – unless asked.

Asking about feelings;  
Reflecting back our fears, anxieties, anger etc.  
Allowing repeats

Prepared to be a 'punching bag' to let go at  
Have good body language,  
without distractions.

## COMFORT -

Giving strength and genuine caring  
With honesty and empathy,  
And give physical comfort as well - touch.

## Be SENSITIVE -

Knowing when to listen  
When to talk – and when not to.

Sometimes just being still – together,  
Waiting, patiently allowing  
Us to raise the topic of conversation

When and if we choose to;  
Aware of body language.

## Be TOLERANT -

Understanding, open – and responsive  
Free to express feelings also.

And when listening, will concentrate  
Have good eye contact

Allowing us to 'let go' in our own time  
Of fear, anger, helplessness  
Resentment, suppression, confusion etc.  
Without being uncomfortable.

